



EXPERTISE YOU
CAN FEEL.

RESULTS YOU
CAN SEE.

Feel for yourself &
book a treatment today.

SkinSpa **CLARINS**

Expert Touch | Expert Products | Expert Results



CLARINS PROFESSIONAL TREATMENTS

WHERE EXPERTISE MEETS INNOVATION...

For over 70 years, Clarins has harnessed the power of touch to personalise treatments that amplify product absorption, boost circulation, and deliver visible, feel-good results. Our exclusive Clarins PRO Products fuses cutting-edge science from Vitamin C and peptides, to potent plant actives - with specialist manual methods to reveal radiant skin and a renewed body and mind in a single session.

Nature, science, and human touch unite for an unrivalled wellbeing experience.

To book visit clarins.co.uk/spa/treatments/

ART OF TOUCH

With a Clarins treatment, you are in the hands of true experts.

Our exclusive manual massage techniques are the foundation of our Spa experience, offering a level of precision and responsiveness that no machine can replicate.





Our skilled therapists adapt to your skin's unique needs, applying the perfect amount of pressure to enhance product absorption whilst ensuring your comfort. Every movement has been carefully crafted to match our high-performing formulas, delivering a sensorial yet highly effective treatment with long lasting results.

To book visit clarins.co.uk/spa/treatments/

THE POWER OF PRO

Clarins PRO formulas are professional-grade skincare products designed exclusively for Clarins Treatments. These expert formulas feature unique textures with exceptional sensoriality, ensuring a luxurious yet effective treatment experience.

Carefully crafted to work deeper into the skin for lasting results, they seamlessly integrate with Clarins' expert massage techniques, optimising results. Each formula is enriched with plant extracts and active molecules, meticulously selected for their efficacy and synergy, ensuring a high-performance approach to skincare.



THE POWER OF TOUCH

The Power of Touch (TPOT) was founded by Michelle Hammond, a Transformational Wellness Consultant (BSc Hons, Lic Ac, MBAC, MAPHP, CNHC reg) in 2013, following her pioneering research into the challenges of treating clients with cancer across spas and salons in the UK and Ireland.

During her research, Michelle discovered that 97% of UK spas and salons turned away clients with cancer or other serious health conditions.

In response, she has worked closely with clinicians and oncology specialists to educate and empower therapists and Spa managers, ensuring they feel confident in delivering exceptional treatments to clients living with cancer.


We have partnered with TPOT to provide Clarins Cancer Care training, ensuring our Skin Spas are open to all. Our therapists have been specially trained to deliver our Rebalancing Massage and Ultra Relaxing Facial safely for those living with cancer and other life limiting health conditions.



To book visit clarins.co.uk/spa/treatments/



PRO-EXPERT
FACIALS



**Experience instant, visible results
with our five expertly curated
facials.**

Personalised to all skin types, these treatments go beyond relaxation to deliver long lasting benefits. Harnessing the power of plant-based formulas and highly effective active ingredients, each facial is tailored to address your unique skin concerns. In combination with our **PRO formulas**, every treatment features a Clarins' expert lymphatic facial massage, using specialised microcirculation and drainage techniques to sculpt, lift, and refine your complexion.

Reveal your skin's natural radiance with a facial that truly makes a difference.



HYALURONIC HYDRA-GLOW

Results: Walk away with skin that's visibly hydrated, plumped, and radiant - an instant confidence boost straight out of the treatment room.

Get ready for a fresh, dewy complexion with the Hyaluronic Hydra-Glow facial, designed to deliver serious results in record time. This expert treatment blends professional grade exfoliation, intense hydration, and proven rejuvenating ingredients for a transformative glow.

70 Minutes £90

NIACINAMIDE SKIN RECHARGE

Results: Leave with skin that's smoother, visibly brighter and glowing - de-stressed and ready to take on the world.

Experience the ultimate skin reset with the Niacinamide Skin Recharge facial. A rejuvenating, glow-boosting reset for your skin blending a cocktail of professional grade smoothing, hydrating and radiance restoring products for de-stressed skin.

70 Minutes £90



COLLAGEN REPLENISHING RESCUE

Results: Re-plumped, lifted and firm skin - after this treatment, 91% of women said their skin looked visibly younger¹.

Experience our most effective age-defying Spa treatment for firmer skin². Featuring [Collagen]³ Technology, our Collagen Replenishing Rescue facial works to stimulate collagen deep within the skin, improving elasticity and firmness for a youthful glow.

70 Minutes £90





NATURES RETINOL RENEWAL

Results: Renewed skin at all levels that looks, instantly brighter with wrinkles appearing visibly reduced – your skin will thank you.

Replenish the skin and reduce the appearance of wrinkles with this facial. Harnessing the power of Harungana, nature's gentle equivalent to retinol, this treatment is perfect for those experiencing hormonal changes within the skin.

70 Minutes £90

PEPTIDE AGE REPAIR

Results: Deeply nourished, smoothed and contoured skin that glows as much as you do.

Deliver deep nourishment to the skin with this intensely restorative facial, designed to replenish, brighten and revive. Powered by advanced anti-ageing tetrapeptide formulas, this treatment helps to tackle loss of skin density caused by ageing.


70 Minutes £90



To book visit clarins.co.uk/spa/treatments/

²Consumers test - 60 women - After 30 minutes of Collagen Replenishing Rescue Treatment

¹Self-assessment - 60 women - After 30 minutes of Collagen Replenishing Rescue Treatment



**Experience the perfect fusion
of expert touch and aromatic,
plant-powered formulas -
proven to enhance both body
and mind.**

Clarins Pro-Expert Body treatments are renowned for delivering results and ultimate relaxation all in one treatment. Designed to stimulate, tone, relax, and rejuvenate, each treatment is expertly tailored to your needs, with personalised massage techniques and pressure. The combination of soothing aromas, luxurious textures, and advanced PRO formulas enhances every moment, leaving your body refreshed and your mind at ease.

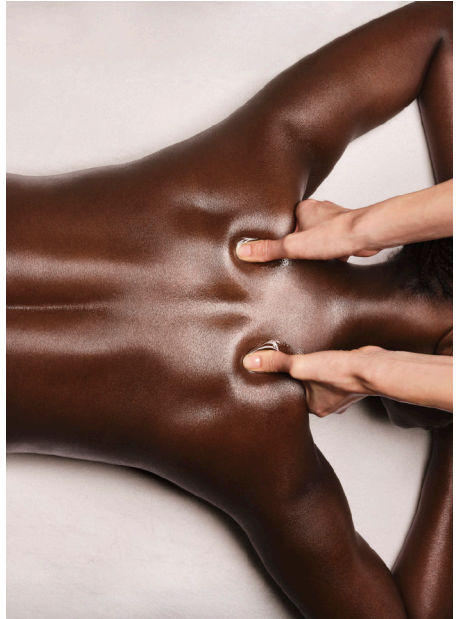
PRO-EXPERT BODY

DEEP HEALING MASSAGE

Results: Muscles, ligaments and joints are relaxed and more supple with feelings of stress and fatigue melting away - body and mind restored, you'll be floating on air.

Our Deep Healing Massage releases tension and promotes restoration by blending Clarins' expertise with Thai royal techniques for a deep massage designed to relieve muscle tightness and enhance flexibility. Skin is nourished, tension is released, and mindfulness is restored.

70 Minutes £90

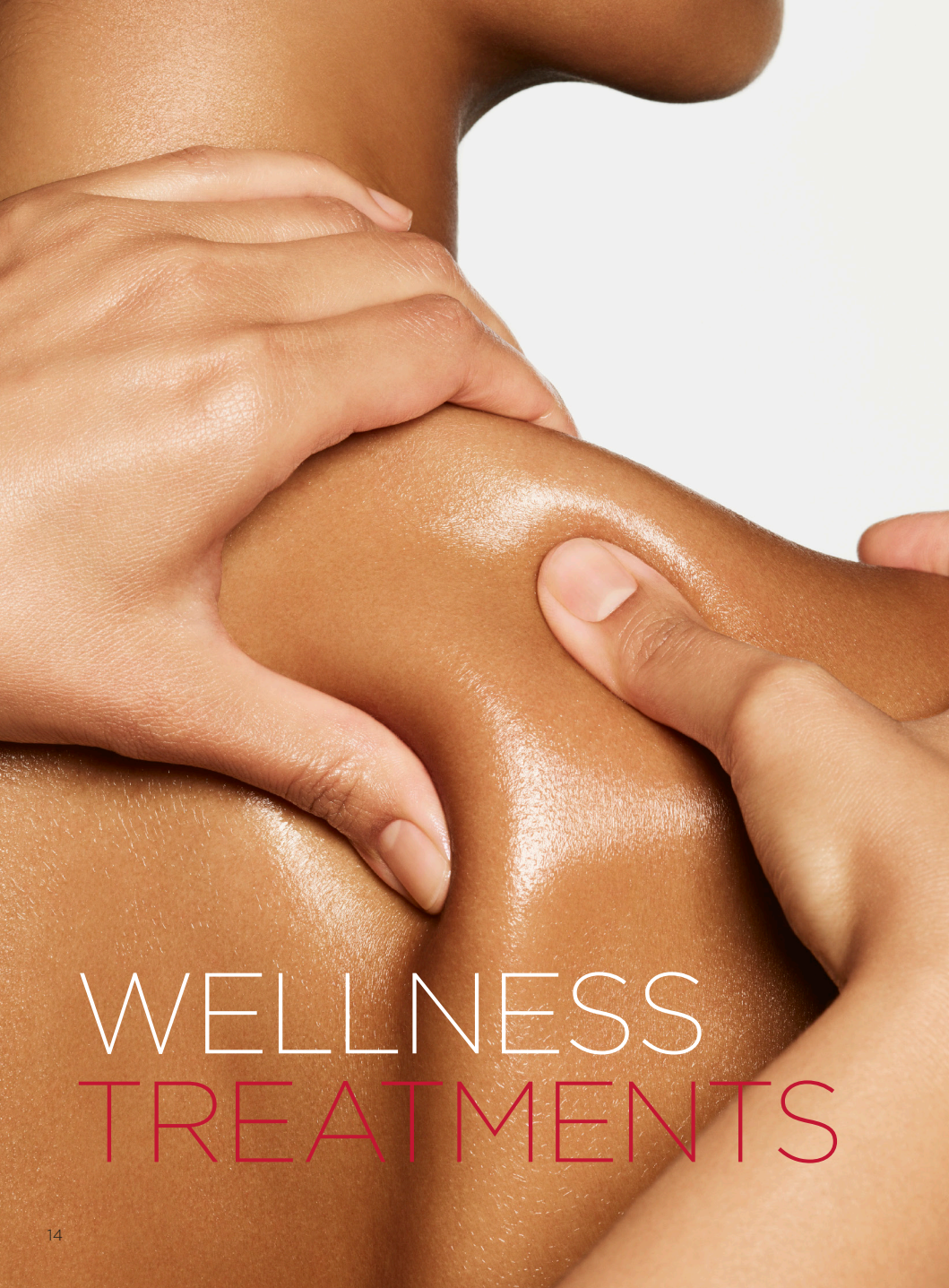


BODY SHAPE & SCULPT

Results: Toned, firmed, and smoothed skin leaving a contoured and sculpted figure - shape defined, confidence refined.

Our Body Shape & Sculpt Massage combines powerful lymphatic drainage and detoxifying massage techniques to enhance your natural silhouette. Using our exclusive Pro Body Shaping Cream we tailor the treatment to your unique needs, focusing on firming, contouring and brightening targeted areas for a defined figure.

70 Minutes £90



WELLNESS TREATMENTS



It's easy to overlook the connection between feeling good and looking good.

More than just a massage or a facial, these wellness-focused treatments are designed to restore harmony to both mind and body.

At the heart of our wellness experience is Ayuroma Touch - a unique fusion of ancestral Ayurvedic massage and Clarins' expert techniques. This deeply soothing ritual melts away tension, calms the mind, and awakens the senses, offering the ultimate escape from daily stresses. Skin feels revitalised, and your inner balance is beautifully restored.

ULTRA RELAXING FACIAL

Results: Serenity, rejuvenation, and a glowing complexion - 100% of women agreed their facial features felt relaxed, their face appeared less tired, and their skin felt nourished, comfortable, and more radiant¹.

Our Ultra Relaxing Facial combines guided breathing, the soothing Ayuroma Touch massage, and calming essential oils to help you disconnect from stress, rebalance your mind, and leave your skin feeling refreshed and tension-free.

This treatment is T.P.O.T accredited, and therefore also suitable for those living with cancer and life limiting health conditions.

70 Minutes £90

¹Consumer test on 92 women in France and the UK.



SENSORY ESCAPE

Results: Feel completely at peace as stress melts away. Your body is rebalanced, your skin is left supple and radiant, and your mind is refreshed for a deeper sense of relaxation - a complete retreat from the world outside.

Restore your inner zen with our Sensory Escape Treatment. A full face and body experience that renews your soul's harmony through slow, rhythmic massage techniques. Using the power of Clarins' essential oils and the expert hands of our therapists, this wellness treatment detoxifies the body, promotes better sleep, and leaves your skin radiant, supple, and glowing with positive energy.

70 Minutes £90

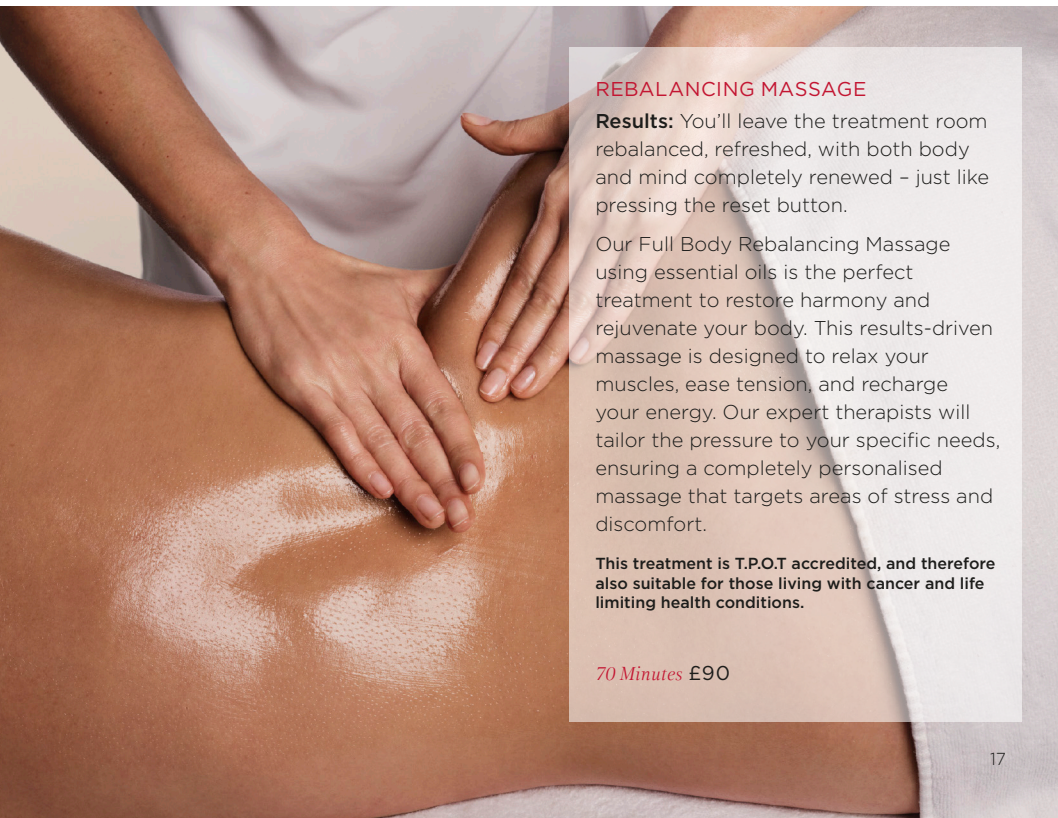


BACK, NECK & SCALP

Results: Feel rejuvenated, restored and completely at ease as stress and tension fade away – like 8 hours of sleep in just 45 minutes.

Our Back, Neck & Scalp Massage is designed to release tension and relieve stress, this soothing treatment eases muscle tightness and promotes relaxation, leaving you feeling renewed and replenished.

45 Minutes £70



REBALANCING MASSAGE

Results: You'll leave the treatment room rebalanced, refreshed, with both body and mind completely renewed – just like pressing the reset button.

Our Full Body Rebalancing Massage using essential oils is the perfect treatment to restore harmony and rejuvenate your body. This results-driven massage is designed to relax your muscles, ease tension, and recharge your energy. Our expert therapists will tailor the pressure to your specific needs, ensuring a completely personalised massage that targets areas of stress and discomfort.

This treatment is T.P.O.T accredited, and therefore also suitable for those living with cancer and life limiting health conditions.

70 Minutes £90

MATERNITY MOMENT

Results: Feel completely relaxed, supported, and rejuvenated. A complete wellbeing moment just for you.

Our Maternity Moment massage is a nurturing head-to-toe relaxation ritual designed to support you during and after pregnancy. Using gentle products, we'll soothe and nourish stretched skin, release tension in the back, shoulders, and legs, and enhance your pregnancy glow with a calming facial.

WHAT'S INSIDE:

Gentle, Skin-nourishing Care

Using the softest, most soothing products to improve skin tone and elasticity while keeping stretched skin hydrated and comfortable.

Sensitive Touch Massage

A tension-relieving massage focusing on the back, shoulders, and legs to ease discomfort and promote relaxation.

Rejuvenating Facial

A glow-boosting facial to refresh, hydrate, and enhance your natural radiance.

70 mins £90



FROM US, TO YOU

Please arrive at the Skin Spa reception 10 minutes prior to your appointment. All appointment times include a 15 minute consultation and time for you to prepare for your treatment.

The minimum age for treatments is 16. It is with regret that we cannot accommodate babies and children in the treatment area of the Skin Spa.

At the end of your treatment we'll add a touch of colour so you can feel ready to face the world again.

Not sure which treatment is best for you? Our Therapists are happy to assist you with treatment recommendations.

Courses of 6 Clarins Treatments are available for the price of 5. Please ask the Clarins Therapist for more details.

Please be aware that if you cancel or change your appointment in under 24 hours, you'll be charged for time reserved.

Pregnancy, some medical conditions and injuries may mean that certain treatments are not suitable for you. Not to worry – speak to a therapist beforehand who'll be more than happy to give you advice.

If you're pregnant, we recommend our Mother-To-Be treatment or relaxing facials, which are suitable from 12, up to 38 weeks of pregnancy. There's always time to take care of yourself, whilst you take care of someone else. Please contact your Clarins Skin Spa with any questions.

To book visit clarins.co.uk/spa/treatments/



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